

Resource List

Health Care

Agency	Services	Address	Phone	E-mail
Indian Health Center of Santa Clara Valley – Main Site	Medical	1333 Meridian Avenue San Jose, CA 95125	408-960-0660	
Indian Health Center of Santa Clara Valley – Silver Creek	Medical	1642 East Capitol Expressway San Jose, CA 95121	408-445-3431	
Indian Health Center of Santa Clara Valley - Pediatrics	Medical	455 O’Connor Drive San Jose, CA 95128	408-960-0650	
Indian Health Center of Santa Clara Valley – Family Medicine Center	Medical	2039 Forest Avenue, Suite 105 San Jose, CA 95128	408-283-7676	
First Health Clinic	Urgent Care Medical Services	459 South Capitol Avenue #4 San Jose, CA 95127	408-929-5505	
Physicians Medical Urgent Care	Urgent Care Medical Services	1910 North Capitol Avenue San Jose, CA 95132	1-888-265-2120	
Physicians Medical Primary Care	Urgent Care Medical Services	1060 Saratoga Avenue San Jose, CA 95129	408-243-6911	
Foothill Community Health Center	Medical - Foothill Family Clinic	1066 South White Road, San Jose, CA	408-729-9700	
Foothill Community Health Center	Medical	2880 Story Road, San Jose, CA	408-729-9700	
Foothill Community Health Center	Medical – Open 7 days a week and walk-ins welcome	2060 Aborn Road, Suite 125, San Jose, CA 95121	408-729-9700	

Dental Care

Agency	Services	Address	Phone	E-mail
Indian Health Center of Santa Clara Valley – Main Site	Dental	1333 Meridian Avenue San Jose, CA 95125	408-960-0645	
Indian Health Center of Santa Clara Valley – O’Connor Site	Dental	2039 Forest Avenue, Suite 204B San Jose, CA 95128	408-960-7200	
Sun Dental	Dental	2569 South King Road, San Jose, CA 95122	408-622-5677	
Dental Orthodontics	Dental	2110 Story Road, Suite 150, San Jose, CA 95122	408-929-2222	

Housing

Agency	Services	Address	Phone	E-mail
Sacred Heart Community Service	Rental and Deposit Assistance, Help With Utility Bills, Home Repairs (Weatherization)	1381 South First St. San José, CA 95110	408-278-2166	housing@sacredheartcs.org
Homeless Shelter			1-800-774-3583	
Salvation Army	Shelter Services		408-282-1175	
Emergency Housing Consortium	Housing Services		408-294-2100	
Inn Vision	Housing Services		408-271-0820	

Food

Agency	Services	Address	Phone	E-mail
Sacred Heart Community Service	Food Pantry	1381 South First St. San José, CA 95110	408-916-5053	teresap@sacredheartcs.org
Sacred Heart Community Service	Home Gardening Program	1381 South First St. San José, CA 95110	408-916-5039	jamiec@sacredheartcs.org
Second Harvest Food Bank - Food Connection	Food for the People		1-800-984-3663	
Salvation Army	Food for the People		408-282-1175	
Cal fresh	Food Stamps (SNAP)	Santa Clara County	877-962-3633 Interview rescheduling: 408-758-3847	http://www.getcalfresh.org

Employment

Agency	Services	Address	Phone	E-mail
Indian Health Center of Santa Clara Valley	Employment	1333 Meridian Avenue San Jose, CA 95125	408-445-3400	
Sacred Heart Community Service	Joblink Employment Assistance Program	1381 South First St. San José, CA 95110	408-278-2172	daisyf@sacredheartcs.org

Clothes

Agency	Services	Address	Phone	E-mail
Sacred Heart Community Service	Clothes Closet	1381 South First St. San José, CA 95110	408-916-5037	esmeraldai@sacredheartcs.org

Family

Agency	Services	Address	Phone	E-mail
Sacred Heart Community Service	Summer Academy for Students, Homework Club, Family Support	1381 South First St. San José, CA 95110	408-278-2174	laurad@sacredheartcs.org
Santa Clara County Public Health Department – Maternal, Child, and Adolescent Health	Resources for Pregnant Women	976 Lenzen Avenue, San Jose, CA	408-792-5055	
Breastfeeding Support Line	Resources for Breastfeeding Mother's		408-885-5950	
Early Start Program Referrals	Services for children from birth to 3 years		1-800-404-5900	
Kidscope	Services for Children with Learning Disabilities		408-793-5959	
California Children's Services (CCS)	Physical Therapy for Ages Newborn to 21	720 Empey Way, San Jose, CA	408-793-6200	
Parents Helping Parents	Peer Support Group		408-727-5775	
San Andreas Regional Center	Serving People with Developmental Disabilities		408-374-9960	
Services for Brain Injury	Serving Children ages 4 to 7 with Brain Injury and Fetal Alcohol Syndrome		408-434-2277	
Child Health and Disability Prevention (CHDP)	Provides Free Well Child and Dental Screenings for Low		408-494-7410	

	Income Children ages 0 to 20			
Healthy Kids, Healthy Families	Provides Free or Low Cost Health, Vision, and Dental to Children ages newborn to 18		1-888-244-5222	
Immunizations	Provides Free of Low Cost Immunizations to Prevent Diseases		408-792-5200	
Indian Health Center WIC Program	Provides Nutrition Education and Coupons for Free Feed to Low-Income Women (Pregnant or Nursing) ages Newborn to 5		408-445-3400 x2110	
Parent Stress Hotline	Helping Parents with Stress		408-279-8228	
Child Protective Services (CPS)	Protecting Children from Harm	373 West Julian Street San Jose, CA 95110	408-299-2071	
UJIMA Adults and Family Services	Adult and Family Services		408-928-1700	
Billy DeFrank Lesbian and Gay Community Center	Resources for Lesbian and Gay		408-293-2429	
Center for Living and Dying			408-278-2515	
Community Alliance for Special Education	Special Education Resource		408-283-1535	
Hope Rehabilitation Services	Special Education Resource		408-748-2850	
MACSA	Youth Support Services		408-928-1122	

Nuestra Casa Family Resource Center	Youth Support Services		408-729-2300	
UJIRANI Family Resource Center	Youth Support Services		408-452-6560	
Planned Parenthood	Youth Support Services		408-287-7526	
Friends Outside	Youth Support Services		408-295-6033	
Mental Health Advocacy Project	Youth Support Services		408-294-9730	
Sexual Abuse Response Team (SART)	Sexual Abuse Services		408-885-6460	
Breathe California – Air Quality Assessments	Air Quality Assessments for Homes		408-998-5865	shaaban@lugsrus.org
Santa Clara Family Health Plan	Anger Managements, Stress Management, Counseling Services		408-874-1723	
San Jose Police Department	Non-Emergency		408-277-8900	
Perinatal Substance Abuse Program (PSAP)	Services for Women and Children		408-885-5400	
Santa Clara County Public Health Department	Parenting Classes		1-800-260-2055	
Insight	Housing, Economic Justice, Consumer Law, Health Care Access, Youth Justice	2 West Santa Clara Street, 8 th Floor, San Jose, CA	408-283-3700	
Native TANF Program	Various Program for American Indians and their Families	2480 North First Street, Suite 140, San Jose, CA	408-433-1000	

Alcohol and Substance Abuse

Agency	Services	Address	Phone	E-mail
Gateway	Alcohol and Drug Adult Manages-Care Services		1-800-488-9919	
Alcoholics Anonymous (AA)	AA Meetings		408-374-8511	
Alanon Family Groups and Alateen	Meeting Support		408-379-1051	
California Smokers Helpline	Stop Smoking		1-800-662-8887	
Narcotics Anonymous Helpline	Stop Narcotics Abuse		408-998-4200	
Crystal Meth Anonymous	Stop Meth Abuse		415-835-4747	info@bayareacma.org
Marijuana Anonymous	Stop Marijuana Abuse		408-450-0796	
Nicotine Anonymous	Stop Nicotine Abuse		408-236-2196	
Cocaine Anonymous	Stop Cocaine Abuse		408-496-9107	
Cocaine Hotline	Stop Cocaine Abuse		1-800-347-8998	
Women for Sobriety	Women's Sobriety Support Group		215-536-8026	
National Council on Alcoholism and Drug Dependence (NCADD)	Support Groups and Classes	1415 Koll Circle, Suite 101, San Jose, CA	408-292-7292	
American Lung Association	Smoking Services		1-800-586-4872	
Center for Substance Abuse Treatment	Substance Abuse Services		1-800-662-4357	
Camp Recovery Center	Camp for Recovery		408-367-2193	

Crisis and Mental Health

Agency	Services	Address	Phone	E-mail
Mental Health Access (Santa Clara County)	Mental Health Services		1-800-704-0900	

Child Abuse Reporting	Report Child Abuse		408-299-2071	
Uplift Family Services (formally EMQ)	Suicidal and Homicidal Help for ages 17 and under	251 Llewellyn Avenue San Jose, CA 95008	408-379-9085	
Crisis Hotline for Adults and Children (24 hours)	Crisis Response		408-279-8228	
Domestic Violence Crisis Lines				
Domestic Violence Crisis Lines – Next Door Solutions			408-279-2962	
Asian Americans for Community Involvement (AACI)			408-975-2739	
MAITRI (South Asian languages)			408-975-2739	
Support Network for Battered Women			1-888-862-4874	
Community Solutions			408-683-4118	
Rape Crisis Line (24 hours)	Help for Rape Victims		408-287-3000	
Victim Witness Assistance Center	Help with Crimes Committed		408-295-2656	
Crisis/Stress Hotline	Stress Hotline		1-855-278-4204	
Elder/Dependent Adult Abuse/Neglect Hotline	Abuse Hotline		1-800-414-2002	
Next Door/Domestic Violence (24 hours)	Domestic Violence Help		408-279-2962	
YWCA Rape Crisis Line	Rape Help		408-287-3000	

Suicide and Crisis Line (24 hours)	Help Line for Suicide and Crisis		408-279-3312	
Everyday Needs and Crisis Referral			211	
Access for County Mental Health			1-800-704-0900	
Alum Rock Mental Health Counseling	Mental Health Help		408-294-0500 408-294-0579 – 24/7 mobile crisis support	
Bill Wilson Center	Grief Counseling, Mental Health Services for ages 23 and under	3490 The Alameda Santa Clara, CA 95050	408-243-0222 408-850-6125 – crisis 408-278-2585 – crisis	
Catholic Charities	Individual Counseling for Children, Adults, Marriage Counseling		408-325-5116	
Santa Clara County Mental Health Urgent Care	Mental Health Counseling – Urgent Care		408-855-7855	
Santa Clara County Emergency Psych Services (EPS)	Emergency Psych Services – 24/7		408-885-6100	

Legal

Agency	Services	Address	Phone	E-mail
Santa Clara County Bar Association Lawyer Referral Service	Free		408-971-6822	
Emergency Protective Restraining Order	Temporary Restraining Order		1-800-464-3568	

Basic Resources

Agency	Services	Address	Phone	E-mail
BBA Services	Notary Republic	1629 Alum Rock Avenue, Suite 20, San Jose, CA 95116	408-251-8279	
Resolution Insurance Services	Insurance Company	301 North Jackson Avenue, Suite 3, San Jose, CA 95133	408-259-1338	
Benefits Application Center (BAC)	Families with Children – CalWORKs, CalFresh, and Medi-Cal	1867 Senter Road, San Jose, CA	408-758-3800	
General Assistance (GA)	Adults with NO Children – Cash Assistance Program, CalFresh, and Medi-Cal	1919 Senter Road, San Jose, CA	408-758-3106	
Clean Slate	Tattoo Removal Program for ages 14 to 25	1694 Adrian Way, San Jose, CA	408-794-1660	
Expungement Program	Clear your record and obtain free legal services	Office of Public Defender, 701 Miller Street, 2 nd Floor, San Jose, CA 95110	408-299-7700	

In the event the information provided on this list is incorrect please contact Vernon Medicine Cloud at 408-445-3400 x2870 or e-mail at vmcloud@ihcscv.org